

## Awareness Programme on Women's Health and Hygiene by UBA, NERIST

**Date: 03/11/2023**

The team of Unnat Bharat Abhiyan, NERIST conducted an awareness programme on Women's Health and Hygiene at NERIST Health Unit. The programme was led by Prof. Pradip Lingfa, Regional Coordinator, Unnat Bharat Abhiyan and coordinated by Institute UBA Coordinator, Prof. T. Patel. Prof. Lingfa addressed the programme highlighting the



importance of maintaining health at the top priority for the welfare of being and community as a whole. Dr Tana Natung, State Nodal Officer Child Health, National Health Mission, Department of Health and Family Welfare, Govt of Arunachal Pradesh and Dr. Michi Anthony from Alphabet Hospitals were the invited guests and experts of the programme. Dr. Tana emphasized on various common health issues and the ways to treat in the best possible ways. Dr. Tana urged the gathering not to skip health related advertisement telecast in the TV and radio as they contain important message duly communicated by the experts. He also highlighted about the various Government schemes and facilities available to support at the time of financial difficulties for the treatment. Dr. Sushmita Pradhan Taggu, CMO, NERIST has advised the gatherings on various Dos and DONTs for leading healthy life. The active participation and interaction by a large numbers of women staffs from the institute made the programme a success.



